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Thur

# eZlunch MENU

Victoria Avenue School / Term 3 2020



242 Marua Road  
Mt Wellington  
Auckland  
09-579 5499

## WARM MAINS

|   |        |
|---|--------|
| NEW - American Hotdog                         | \$6.50 |
| Teriyaki Chicken and rice                     | \$7.00 |
| Beef Burger                                   | \$7.00 |
| Macaroni Cheese                               | \$7.00 |
| Gluten Free Macaroni Cheese                   | \$8.00 |
| Spaghetti Bolognese                           | \$7.30 |
| Butter Chicken on rice                        | \$7.40 |
| Mild Chilli Bean Nachos (large) with optio... | \$6.70 |
| Lasagne                                       | \$7.30 |
| Gluten Free Beef Lasagne                      | \$8.30 |
| Oven Baked Spring Rolls with Soya Sauce       | \$4.80 |
| Jesters Pie                                   | \$6.00 |
| Gluten Free Jesters Pie                       | \$7.60 |
| Sausage Roll - Baked Fresh Daily              | \$3.80 |
| Vegetarian Sausage Roll                       | \$3.20 |
| Noodles (Vegetarian)                          | \$5.50 |
| Noodles (Free Range Chicken)                  | \$6.50 |
| Egg Fried Rice                                | \$6.00 |
| Samosa (Vegetarian or Chicken) - single       | \$3.30 |
| Samosas x2 (Vegetarian or Chicken)            | \$6.20 |
| Pork, Chive, Prawn Dumplings (4 pieces)       | \$5.90 |
| BBQ Pork Bun (1) with side salad              | \$6.90 |

## COLD MAINS

|   |        |
|---|--------|
| Munchbox                                    | \$6.80 |
| Crumbed Chicken Drumstick (free range)      | \$4.00 |
| Design A Sandwich BEEF                      | \$4.50 |
| Design a Sandwich CHICKEN (Free Range)      | \$4.50 |
| Design a Sandwich TUNA in Spring Water      | \$4.50 |
| Design A Sandwich VEGETARIAN                | \$3.70 |
| Design a Sandwich HAM                       | \$4.50 |
| Round Roll Chicken Salad                    | \$4.50 |
| Round Rolls Ham & Salad                     | \$4.50 |
| Vegemite & Cheese Scroll                    | \$3.90 |
| Marmite Sandwich                            | \$3.50 |
| Vegemite Sandwich                           | \$3.50 |
| Ham & Pineapple Pizza Bread                 | \$4.30 |
| Vegetarian Pizza Bread                      | \$3.80 |
| Pita Crisps & Fresh Hummus                  | \$5.80 |
| Green Salad (design your own)               | \$5.00 |
| Roasted Chicken & Green Salad (design yo... | \$6.00 |
| Ham & Green Salad (design your own)         | \$6.00 |

## VALUE PACKS

|   |        |
|---|--------|
| Sausage Roll, Popcorn & Apple                   | \$6.70 |
| Vegemite Scroll, Choc Chip Cookie & Fresh Fruit | \$7.00 |
| Vegemite Sandwich, Popcorn & Blackcurra...      | \$7.00 |
| Ham & Pineapple Pizza Bread, Popcorn...         | \$7.30 |
| Vegetarian Pizza Bread, Popcorn & Blackcurra... | \$7.00 |

## SUSHI

|   |        |
|---|--------|
| ECO ROLL - Chicken Avocado & Mayo Sushi | \$4.50 |
| ECO ROLL - Fried Chicken Sushi          | \$4.50 |
| ECO ROLL - Salmon Avocado Sushi         | \$4.50 |
| Onigiri with either Tuna or Chicken     | \$4.50 |
| 6 x Chicken Avocado & Mayo Sushi        | \$8.20 |
| 6 x Fried Chicken Sushi                 | \$8.20 |
| 6 x Salmon Avocado Sushi                | \$8.20 |
| 6 x Fried Prawn Sushi                   | \$8.20 |
| 6 x Tuna, Avocado, Mayo Sushi           | \$8.20 |
| 6 x Vegetarian Sushi                    | \$8.00 |
| 6 x Fried Crumbed Salmon Sushi          | \$8.20 |
| 6 x Cream Cheese & Pineapple            | \$8.20 |

## SNACKS & DESSERTS

|                                     |        |
|-------------------------------------|--------|
| Muffins                             | \$2.60 |
| Chocolate Brownie                   | \$3.00 |
| Weetbix Coconut Slice               | \$2.60 |
| Cakes and Cookies                   | \$2.30 |
| Gluten Free Cookies                 | \$2.70 |
| Yoghurt Large 225ml                 | \$3.50 |
| Yoghurt Small 100ml                 | \$2.50 |
| Fresh Fruit Salad                   | \$5.20 |
| Apple                               | \$1.70 |
| Banana                              | \$1.90 |
| Fresh Sliced Pineapple              | \$2.50 |
| Grapes Fresh & washed               | \$2.50 |
| Kiwifruit                           | \$1.80 |
| Orange Fresh & Quartered            | \$2.30 |
| Carrot Sticks                       | \$1.90 |
| Hummus                              | \$2.50 |
| Free range Boiled Egg               | \$1.80 |
| Lime or Berry or Orange Jelly small | \$1.50 |
| Pita Crisps Small Bag               | \$2.90 |
| Pretzels                            | \$1.90 |
| Vegetable Crisps                    | \$1.50 |
| Lebanese Flat Bread                 | \$2.00 |
| Popcorn                             | \$1.50 |

## DRINKS

|                     |        |
|---------------------|--------|
| Water               | \$3.00 |
| Mill Orchard Juices | \$3.70 |
| Milk 300ml          | \$3.20 |

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Victoria Avenue School / Term 3 2020



Rialto Foodcourt  
153 Broadway  
Newmarket  
09 520 2299

## 6 INCH SUBS

|                       |        |
|-----------------------|--------|
| Veggie Delite 6 inch  | \$5.00 |
| Roast Beef 6 inch     | \$6.90 |
| Leg Ham 6 inch        | \$5.90 |
| Carved Turkey 6 inch  | \$6.90 |
| Chicken Strips 6 inch | \$7.50 |

## MINI SUBS

|                     |        |
|---------------------|--------|
| Chicken Strips Mini | \$4.50 |
| Veggie Delite Mini  | \$4.50 |
| Roast Beef Mini     | \$4.50 |
| Leg Ham Mini        | \$4.50 |
| Carved Turkey Mini  | \$4.50 |

## FOOTLONG SUBS

|                         |         |
|-------------------------|---------|
| Veggie Delite Footlong  | \$8.00  |
| Leg Ham Footlong        | \$8.90  |
| Roast Beef Footlong     | \$9.90  |
| Carved Turkey Footlong  | \$9.90  |
| Chicken Strips Footlong | \$10.90 |

## EXTRAS

|                               |        |
|-------------------------------|--------|
| Cookies                       | \$1.20 |
| Keri Kids Orange Juice 250 ml | \$2.50 |
| Mini Pump                     | \$3.00 |
| Fruit Crush Up                | \$2.80 |

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