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Thur

# eZlunch MENU

Victoria Avenue School / Term 2 2020



242 Marua Road  
Mt Wellington  
Auckland  
09-579 5499

## WARM MAINS

Teriyaki Chicken and rice	\$6.90
Beef Burger	\$6.90
Macaroni Cheese	\$6.90
Gluten Free Macaroni Cheese	\$7.90
Spaghetti Bolognese	\$7.20
Butter Chicken on rice	\$7.20
Mild Chilli Bean Nachos (large) with optio...	\$6.50
Lasagne	\$7.20
Gluten Free Beef Lasagne	\$8.20
Oven Baked Spring Rolls with Soya Sauce	\$4.70
Jesters Pie	\$5.90
Gluten Free Jesters Pie	\$7.50
Sausage Roll - Baked Fresh Daily	\$3.70
Vegetarian Sausage Roll	\$3.20
Noodles (Vegetarian)	\$5.20
Noodles (Free Range Chicken)	\$6.20
Egg Fried Rice	\$6.00
Samosa (Vegetarian or Chicken) - single	\$3.30
Samosas x2 (Vegetarian or Chicken)	\$6.20
Pork, Chive, Prawn Dumplings (4 pieces)	\$5.90
BBQ Pork Bun (1) with side salad	\$6.90

## COLD MAINS

Munchbox	\$6.80
Crumbed Chicken Drumstick (free range)	\$3.90
Design A Sandwich BEEF	\$4.50
Design a Sandwich CHICKEN (Free Range)	\$4.50
Design a Sandwich TUNA in Spring Water	\$4.50
Design A Sandwich VEGETARIAN	\$3.70
Design a Sandwich HAM	\$4.50
Round Roll Chicken Salad	\$4.50
Round Rolls Ham & Salad	\$4.50
Vegemite & Cheese Scroll	\$3.90
Marmite Sandwich	\$3.40
Vegemite Sandwich	\$3.40
Ham & Pineapple Pizza Bread	\$4.30
Vegetarian Pizza Bread	\$3.80
Pita Crisps & Fresh Hummus	\$5.80
Green Salad (design your own)	\$5.00
Roasted Chicken & Green Salad (design yo...	\$6.00
Ham & Green Salad (design your own)	\$6.00

## VALUE PACKS

Sausage Roll, Popcorn & Apple	\$6.70
Vegemite Scroll, Choc Chip Cookie & Fresh Fruit	\$7.00
Vegemite Sandwich, Popcorn & Blackcurra...	\$7.00
Ham & Pineapple Pizza Bread, Popcorn...	\$7.30
Vegetarian Pizza Bread, Popcorn & Blackcurra...	\$7.00

## SUSHI

ECO ROLL - Chicken Avocado & Mayo Sushi	\$4.50
ECO ROLL - Fried Chicken Sushi	\$4.50
ECO ROLL - Salmon Avocado Sushi	\$4.50
Onigiri with either Tuna or Chicken	\$4.50
6 x Chicken Avocado & Mayo Sushi	\$8.20
6 x Fried Chicken Sushi	\$8.20
6 x Salmon Avocado Sushi	\$8.20
6 x Fried Prawn Sushi	\$8.20
6 x Tuna, Avocado, Mayo Sushi	\$8.20
6 x Vegetarian Sushi	\$8.00
6 x Fried Crumbed Salmon Sushi	\$8.20
6 x Cream Cheese & Pineapple	\$8.20

## SNACKS & DESSERTS

Muffins	\$2.60
Chocolate Brownie	\$2.90
Weetbix Coconut Slice	\$2.50
Cakes and Cookies	\$2.30
Gluten Free Cookies	\$2.60
Yoghurt Large 225ml	\$3.50
Yoghurt Small 100ml	\$2.50
Fresh Fruit Salad	\$5.00
Apple	\$1.70
Banana	\$1.90
Fresh Sliced Pineapple	\$2.40
Grapes Fresh & washed	\$2.40
Kiwifruit	\$1.80
Orange Fresh & Quartered	\$2.20
Carrot Sticks	\$1.80
Hummus	\$2.50
Free range Boiled Egg	\$1.80
Lime or Berry or Orange Jelly small	\$1.50
Pita Crisps Small Bag	\$2.90
Pretzels	\$1.90
Vegetable Crisps	\$1.50
Lebanese Flat Bread	\$2.00
Popcorn	\$1.50

## DRINKS

Water	\$3.00
Mill Orchard Juices	\$3.50
Milk 300ml	\$3.00

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8am-4pm Mon-Fri (except public holidays)

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for delivery Wed, Thur,  
Fri

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Rialto Foodcourt  
153 Broadway  
Newmarket  
09 520 2299

## 6 INCH SUBS

Veggie Delite 6 inch	\$5.00
Roast Beef 6 inch	\$6.90
Leg Ham 6 inch	\$5.90
Carved Turkey 6 inch	\$6.90
Chicken Strips 6 inch	\$7.50

## MINI SUBS

Chicken Strips Mini	\$4.50
Veggie Delite Mini	\$4.50
Roast Beef Mini	\$4.50
Leg Ham Mini	\$4.50
Carved Turkey Mini	\$4.50

## FOOTLONG SUBS

Veggie Delite Footlong	\$8.00
Leg Ham Footlong	\$8.90
Roast Beef Footlong	\$9.90
Carved Turkey Footlong	\$9.90
Chicken Strips Footlong	\$10.90

## EXTRAS

Cookies	\$1.20
Keri Kids Orange Juice 250 ml	\$2.50
Mini Pump	\$3.00
Fruit Crush Up	\$2.80

Order online... [www.ezlunch.co.nz](http://www.ezlunch.co.nz)

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