

Order online by 9am
for delivery Thursdays

ezlunch MENU

Victoria Avenue School



STEP 1: SELECT YOUR MAIN ITEM

Chicken Ceasar Pita	\$7.00	GF \$8.50
Free Range Chicken Breast Pita	\$6.00	GF \$7.50
Free Farmed Ham Pita	\$6.00	GF \$7.50
Tuna Pita	\$6.00	GF \$7.50
Roast Beef Pita	\$6.00	GF \$7.50
Roast Lamb Pita	\$6.00	GF \$7.50
Grilled Steak Pita	\$6.00	GF \$7.50
Falafel Pita	\$6.00	GF \$7.50
Garden Pita	\$5.00	GF \$6.50

STEP 2: SELECT YOUR FILLINGS

(up to 3 included, extra fillings \$0.50 ea)

Lettuce	Gherkins	Hummus
Vegemite	Black Olives	Ketchup
Tomato	Pineapple	BBQ Sauce
Cucumber	Jalapeno	Regular Mayo Sauce
Mushroom	Cheddar Cheese	Regular Aioli Sauce
Capsicum	Swiss Cheese	Honey Mustard Sauce
Red Onion	Feta Cheese	Caesar Sauce
Carrot	Avocado Spread	Sweet Chilli Sauce
		Tzatziki (Cucumber Yoghurt)

STEP 3: ANYTHING ELSE WITH THAT?

Mrs Higgins cookie (Chunky Choc Chip or White Choc & Raspberry)	\$1.50
Charlies Juice Drink (orange, apple, blackcurrant)	\$2.50

HOW TO ORDER LUNCH

It couldn't be easier to order healthy, delicious lunches your kids will love.

1. Visit www.ezlunch.co.nz now to set up your family account –click 'Is it at my school?', type in Saint Kentigern and select your school from the list. Click 'Create an account'.
2. Payment is in advance or pay-as-you-go. Use internet banking, Account2Account, or top up your balance with debit or credit cards (fees apply).
3. Place your order before 9am for delivery the same day or order in advance.
4. Your child's order is delivered to their school in time for lunch.

Enquiries: helpdesk@ezlunch.co.nz or tel. 475 5287 school days, 8am-4pm.

Join now... be ready... for super easy school lunches!

Menu

Victoria Avenue School | Term 2 2017



242 Marua Road, Mt Wellington, Auckland
Tel. 09-579 5499

Order by 9:00 AM

for delivery **Monday, Tuesday, Thursday**

Warm Mains

Beef Burger	\$6.00
Teriyaki Chicken on Rice	\$6.60
Macaroni Cheese	\$6.00
Gluten Free Macaroni Cheese	\$6.70
Spaghetti Bolognese	\$6.60
Butter Chicken on rice	\$6.60
Mild Chilli Bean Nachos (large) with optional ...	\$5.30
Lasagne	\$6.60
Gluten Free Beef Lasagne	\$7.70
Oven Baked Spring Rolls with Soya Sauce	\$4.20
Jesters Pie	\$5.40
Gluten Free Jesters Pie	\$6.80
Sausage Roll - Baked Fresh Daily	\$3.40
Vegetarian Sausage Roll	\$3.00
Noodles (Vegetarian)	\$4.20
Noodles (Free Range Chicken)	\$5.20
Egg Fried Rice	\$5.20
Samosa (Vegetarian or Lamb) - single	\$3.20
Samosas x2 (Vegetarian or Lamb)	\$6.00

Cold Mains

Munchbox	\$5.80
Crumbed Chicken Drumstick (free range)	\$3.60
Crumbed Chicken Nibbles	\$5.60
Design A Sandwich BEEF	\$3.50
Design a Sandwich CHICKEN (Free Range)	\$3.50
Design a Sandwich TUNA in Spring Water	\$3.50
Design A Sandwich VEGETARIAN	\$2.50
Design a Sandwich HAM	\$3.50
Round Roll Chicken Salad	\$3.90
Round Rolls Ham & Salad	\$3.90
Ham & Cheese Scroll	\$3.50
Vegetemite & Cheese Scroll	\$3.30
Marmite Sandwich	\$2.50
Vegetemite Sandwich	\$2.50
Ham & Pineapple Pizza Bread	\$3.60
Vegetarian Pizza Bread	\$3.20
Pita Crisps & Fresh Hummus	\$4.90
Green Salad (design your own)	\$3.50
Roasted Chicken & Green Salad (design your own...)	\$5.00
Ham & Green Salad (design your own)	\$5.00

Value Packs

Vegetemite Scroll, Choc Chip Cookie & Fresh Fru...	\$6.50
Ham Scroll, Choc Chip Cookie & Fresh Fruit	\$6.50
Vegetemite Sandwich, Popcorn & Blackcurrant Juic...	\$6.50
Vegetemite Scroll, Popcorn & Blackcurrant Juice	\$6.50
Popcorn, Grapes & Apple Juice	\$5.50
Vegetemite Scroll & Fruit	\$5.00
Ham & Pineapple Pizza Bread, Popcorn & Blackcu...	\$6.50
Vegetarian Pizza Bread, Popcorn & Blackcurrant...	\$6.30

Sushi

Onigiri with either Tuna or Chicken	\$4.20
3 x Chicken Avocado & Mayo Sushi	\$4.20
6 x Chicken Avocado & Mayo Sushi	\$7.80
3 x Fried Chicken Sushi	\$4.20
6 x Fried Chicken Sushi	\$7.80
3 x Salmon Avocado Sushi	\$4.20
6 x Salmon Avocado Sushi	\$7.80
6 x Fried Prawn Sushi	\$7.80
6 x Tuna, Avocado, Mayo Sushi	\$7.80
6 x Vegetarian Sushi	\$7.20
6 x Fried Crumbed Salmon Sushi	\$7.80
6 x Cream Cheese & Pineapple	\$7.80

Snacks & Desserts

Yoghurt Large 225ml	\$3.00
Yoghurt Small 100ml	\$2.00
Popcorn Salted or Unsalted	\$1.50
Chocolate Brownie	\$2.00
Muffins	\$2.00
Cakes and Cookies	\$1.80
Gluten Free Cookies	\$2.00
Fresh Fruit Salad	\$4.50
Apple	\$1.50
Banana	\$1.60
Fresh Sliced Pineapple	\$2.20
Grapes Fresh & washed	\$2.20
Pear	\$1.70
Kiwifruit	\$1.20
Orange Fresh & Quartered	\$1.90
Fresh Dates (4)	\$2.50
Carrot Sticks	\$1.40
Hummus	\$2.00
Colby/Edam Cheese	\$2.00
Free range Boiled Egg	\$1.40
Lime or Berry or Orange Jelly small	\$1.10
Pita Crisps Small Bag	\$2.40
Pita Crisps Large Bag	\$3.90
Pretzels	\$1.60
Vegetable Crisps	\$1.30
Lebanese Flat Bread	\$1.70

Drinks

Water	\$2.50
Mill Orchard Juices	\$2.90
Milk 300ml	\$3.00



Order online... www.ezlunch.co.nz

Order by TXT... **022 EZLUNCH** (022 395 8624)

Payment is by ezlunch account, topped up by debit or credit card or by bank transfer, in advance or at the time of purchase. To order by txt, save Favourite Combos then txt combo code. TXT orders incur a 50c service charge. Instructions on www.ezlunch.co.nz "how to" (login first).

